



Travel Planning

Help with planning your journey in the North West is available online through Transport for Greater Manchester. <https://my.tfgm.com/#/>

Walking

For information on walking or to plan a walking route, see: www.walkit.com

Walking Wednesday

The Christie benefits from a Ramblers Accredited walking group that all staff members are free to join. There are a range of walks from gentle strolls through to really brisk walks. The walks are 30 minutes long and the meeting point is Palatine Road entrance at 12:00 every Wednesday.

For further information on route planning or walking please contact **0161 918 7450** or email CarParking&Travel@christie.nhs.uk

Cycling

If you do not have a bike and would like to buy one, then Cyclescheme provides a perfect option for a single purchase. For further details please use the link:

www.cyclescheme.co.uk/1f26e1

- ◆ Walk around of the facilities every Wednesday at 10:00. Meeting point Palatine Road entrance.
- ◆ Pool bikes - 10 pools bike are available to hire free of charge for business travel or to try out cycling.
- ◆ Bicycle parking - Nearly 200 secure cycle spaces and circa 120 Sheffield Cycle Stands.
- ◆ Free maintenance servicing - the second Wednesday of each month with the only cost for staff being any parts if they need replacing.
- ◆ Showers and lockers are available at:
Cycle hub 1 (Wilmslow Road)
Cycle hub 2 (Palatine Road): Room 26-0-32 / Room 26-1-12

Please contact CarParking&Travel@christie.nhs.uk or **0161 918 7450** for information on cycling or access to lockers and changing rooms.



Transport for Greater Manchester – Online cycle centre

Find everything you need to know about cycling in your area of Greater Manchester, from free training, maps and route planning to local events and news: www.tfgm.com/cycling



Catch the Bus

The Trust provides financial concessions for weekly and monthly bus passes. Ticket prices are subject to change by the service providers. The concessions are available for Stagecoach Manchester and First Manchester.

- ◆ Discounted weekly and monthly bus tickets can be purchased from the cashier's office in the main hospital. Opening times for staff are Monday to Friday 2pm until 4pm.
- ◆ Annual tickets are available for purchase by contacting **0161 918 7450** or emailing CarParking&Travel@christie.nhs.uk

Metrolink

Metrolink is a light rail network operating throughout Greater Manchester. The fast frequent service is fully accessible to all, running seven days a week, 364 days of the year.

The nearest stations to the Trust are **Burton Road** and **West Didsbury** which are both about 10 minutes walk away.

If you are a permanent employee or have a 12 month contract with The Christie, you are eligible to apply for a 10% discount off the price of an annual season ticket.

To apply for a discounted annual Metrolink ticket please contact **0161 918 7450** or email CarParking&Travel@christie.nhs.uk

Catch the Train

- ◆ Mainline trains arrive at Manchester Piccadilly or Oxford Road Station. You can then take a bus or cycle to The Christie.
- ◆ If you arrive at Manchester Victoria you can also take a bus or cycle.

Local stations

- ◆ Mauldeth Road connects indirectly via bus 278 hourly or directly by bicycle.
- ◆ Burnage connects indirectly via bus 179 to Withington Village hourly or directly by bicycle.
- ◆ East Didsbury connects directly via buses 42, 42A, 42B and 142 or directly by bicycle.

Ticket Information

Annual season tickets will allow significant savings over the course of a year, as well as the added convenience of not having to purchase a ticket each day at the station. For rail season ticket prices see National Rail season ticket calculator at www.nationalrail.co.uk or telephone National Rail enquiries on **08457 484 950**

System One County Card allows unlimited travel on any bus and train across Greater Manchester and also on city zone trams. Follow link for details on the passes available: www.systemonetravelcards.co.uk

Cycling by train

National Rail encourages the integrated use of cycles and trains - two convenient and environmentally friendly forms of transport. Some train companies have restrictions on when accompanied cycles may be carried, especially at busy times. Select the train company you are travelling with and look at the 'Onboard facilities' section. Where accompanied cycles are carried there is no charge.

PlusBike

PlusBike provides free and easy-to-access information to help you plan your journey and make it easier, visit:

www.nationalrail.co.uk/stations_destinations/118390.aspx

Buses/Metrolink Frequencies

Metrolink 5 Rochdale – City Centre – East Didsbury

Rochdale ⇄ - Oldham - Westwood - Newton Heath - Victoria ⇄ - St Peter's Square - Deansgate ⇄ - Trafford Bar - Chorlton - Burton Wood or West Didsbury (for The Christie) - East Didsbury ⇄

Daily - Every 12 minutes
Please note: Main Metrolink 5 stops shown.

Park & Ride Christie Fields Park & Ride – The Christie

Christie Fields (P&R)
Bus 0630-1100 / Taxi 1130-1445 / Bus 1500-1830 / Taxi 1900-2045
The Christie (Palatine Road)
Bus 0645-1115 / Taxi 1145-1500 / Bus 1515-1845 / Taxi 1900-2100

Daily - Free bus operates every 15 minutes.
Free taxi from Christie Fields, see car park attendant. From The Christie free taxi phone Oak Road reception or call 0161 998 1111.

41 Sale – City Centre

Altrincham ⇄ - Sale ⇄ - West Didsbury - The Christie - Rusholme - Manchester Royal Infirmary - Manchester, Piccadilly Gardens

Daily - Monday to Friday daytime every 12-15 minutes.
Saturday daytime 15 minutes and Sunday daytime 20 minutes.
Evenings 30-60 minutes.

◆ Some evening journeys operate to/from Altrincham
Operated by First Manchester

Combined services of all operators for 42/42A/42B/142 offer a frequent daytime and evening service from City Centre or East Didsbury to The Christie.

42/142 City Centre - East Didsbury

Piccadilly Gardens - Manchester Royal Infirmary - Rusholme - The Christie - Didsbury - East Didsbury

Daily - 42 (First) Monday to Saturday daytime and evening every 20 minutes, 142 (Magic Bus) every 10 minutes.
142 late night service operates from midnight to 3am every night.
University term time - Sunday to Thursday night 15 minutes, Friday and Saturday night 10 minutes.
University Holidays - every night 30 minutes.

Operated by First/Magic Bus (Stagecoach)

42 Stockport - City Centre

Stockport - Heaton Mersey - East Didsbury ⇄ - The Christie - Rusholme - Manchester Royal Infirmary - Manchester, Piccadilly Gardens

Daily - Monday to Saturday daytime every 30 minutes.
Sunday daytime 60 minutes. Evenings every 30 minutes.

Operated by Stagecoach

42A Reddish - City Centre

Reddish - Heaton Moor - East Didsbury ⇄ - The Christie - Rusholme - Manchester Royal Infirmary - Manchester, Piccadilly Gardens

Monday to Saturday - Daytime every 30 minutes.

Operated by Stagecoach

42B Woodford - City Centre

Woodford - Bramhall - Cheadle Hulme - Cheadle - East Didsbury ⇄ - The Christie - Rusholme - Manchester Royal Infirmary - Manchester, Piccadilly Gardens

Daily - Monday to Saturday daytime every 30 minutes, Sunday daytime 60 minutes.

Operated by Stagecoach

43/43N Manchester Airport - City Centre

Manchester Airport ⇄ - Wythenshawe ⇄ - Sharston - The Christie - Rusholme - Manchester Royal Infirmary - Manchester, Piccadilly Gardens

24 Hour - Monday-Saturday daytime every 10 minutes.
Sunday daytime 20 minutes.

Evening and night service (N43) 30 minutes.

Operated by Stagecoach Manchester

For further information please contact **0161 918 7450** or email CarParking&Travel@christie.nhs.uk

Travel information

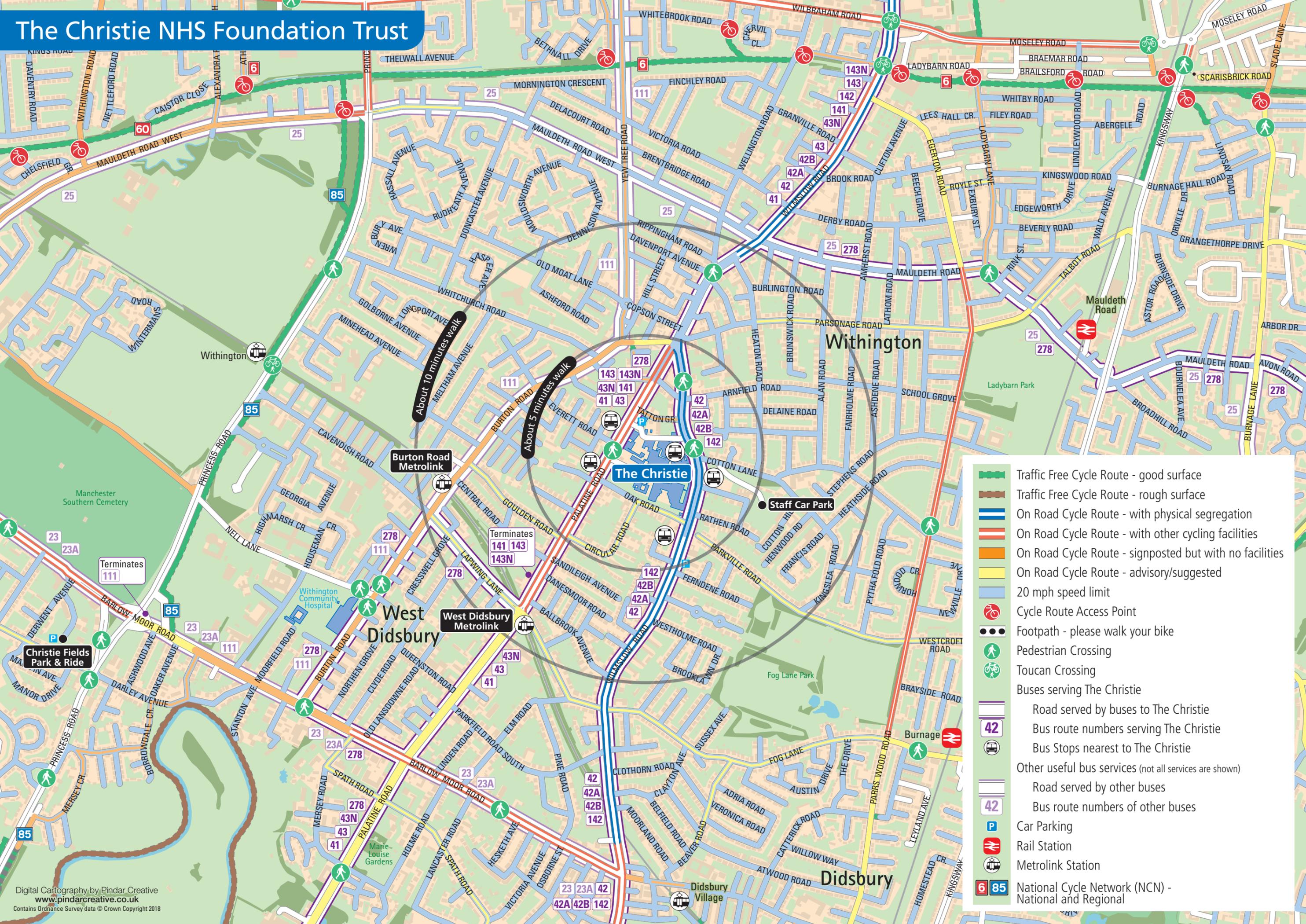
Transport for Greater Manchester
For journey planning on bus, train and tram, news on delays and disruptions, and information about tickets and passes:

Phone: **0161 244 1000**
Monday to Friday: 7am to 8pm
Weekends and bank holidays: 8am to 8pm
<https://my.tfgm.com/#/>

Public Transport Interest-Free Loan

An interest-free loan is available to you if you wish to purchase an annual season ticket for bus, rail, Metrolink (or combinations). The Trust will pay the bill for you and deduct the money over 10 equal instalments. For further information contact The Christie on the details above.

The Christie NHS Foundation Trust



- Traffic Free Cycle Route - good surface
- Traffic Free Cycle Route - rough surface
- On Road Cycle Route - with physical segregation
- On Road Cycle Route - with other cycling facilities
- On Road Cycle Route - signposted but with no facilities
- On Road Cycle Route - advisory/suggested
- 20 mph speed limit
- Cycle Route Access Point
- Footpath - please walk your bike
- Pedestrian Crossing
- Toucan Crossing
- Buses serving The Christie
 - Road served by buses to The Christie
 - Bus route numbers serving The Christie
 - Bus Stops nearest to The Christie
- Other useful bus services (not all services are shown)
 - Road served by other buses
 - Bus route numbers of other buses
- Car Parking
- Rail Station
- Metrolink Station
- National Cycle Network (NCN) - National and Regional