

Core Skills in Laparoscopic Surgery - Education Centre, Royal Derby Hospital
Course Programme

Day 1

| Time | Session | Faculty lead |
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| 0800 – 0815 | Registration and refreshments / faculty meeting | |
| 0815 – 0830 | Introduction | |
| 0830 – 0845 | Session 1: Setting up a stack | |
| 0845 – 0930 | Session 2: Access and closure | |
| 0930 – 1020 | Session 3: Grasping and manipulation – Polo mints | |
| 1020 - 1100 | Session 4: Pattern cutting | |
| 1100 – 1115 | Refreshments | |
| 1115 – 1215 | Session 5: Dissection and clipping | |
| 1215 – 1315 | Session 6: Roeder knot-tying on a tube | |
| 1315 – 1400 | Lunch | |
| 1400 – 1445 | Session 7: Roeder knot-tying on simulated appendicectomy | |
| 1445 – 1520 | Session 8: Intracorporeal suturing – open box | |
| 1520 – 1620 | Session 9: Intracorporeal suturing – closed box | |
| 1620 – 1635 | Refreshments | |
| 1635 – 17 35 | Session 9 continued: Intracorporeal suturing – closed box | |
| 1735 – 1750 | Day 1: Discussion and finish | |

Day 2

| Time | Session | Faculty lead |
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| 0815 – 0830 | Refreshments | |
| 0830 – 0945 | Session 10: Closure of perforated ulcer | |
| 0945 – 1100 | Session 11: Appendicectomy | |
| 1100 – 1115 | Refreshments | |
| 1115 – 1300 | Session 12: Cholecystectomy | |
| 1300 – 1345 | Lunch | |
| 1345 – 1515 | Session 13: Needle handling and suturing – OSATS | |
| 1515– 1530 | Refreshments | |
| 1530 – 1700 | Session 14: Banana suturing | |
| 1700 – 1715 | Session 15: Lecture on diagnostic laparoscopy | |



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| 1715 – 1730 | Day 2: Discussion and finish | |
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